



TTUHSC EL PASO

Texas Tech University Health Sciences Center El Paso

FOSTER SCHOOL OF MEDICINE

AY 2026 – 2027

Orientation Handbook

Class of 2030

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Office of the Dean Welcome

Dear Class of 2030,

It is my very great pleasure to welcome you to the Paul L. Foster School of Medicine, Texas Tech Health El Paso. This is the beginning of a fulfilling journey, one that will challenge, inspire, and shape you into the skilled and compassionate physicians our communities need.

At the Foster School of Medicine, you are joining more than a medical school, you are entering a shared mission. Our health science center was founded to improve the lives of people in our State and our community by focusing on the unique health care needs of socially and culturally diverse border populations through excellence in integrated education, research, and patient care. Every day working with the outstanding people here at Texas Tech Health El Paso, I witness this mission being realized.

In the years ahead, you will learn the science and art of medicine from our dedicated faculty who are committed to your success. You will care for patients whose trust will shape your understanding of responsibility and privilege. And you will grow alongside classmates who will become your colleagues, collaborators, and lifelong friends.

I encourage you to approach this experience with curiosity, courage, and compassion. Ask questions. Seek mentorship. Support one another. Take care of yourselves. Medicine is a team endeavor, and the habits of collaboration and empathy you build now will become engrained in the future physician you are to become. As your Dean, I am here to support you in this journey, and I am eager to watch you learn and grow as you serve our patients.

Welcome to the Foster School of Medicine. We are thrilled to walk this journey with you.

Sincerely,

Eric M. Rohren, M.D. Ph.D. FACR

Rick and Ginger Francis Endowed Dean
Paul L. Foster School of Medicine
Texas Tech University Health Sciences Center El Paso

Office of Student Affairs Welcome

Dear Class of 2030,

Congratulations, and welcome to the Foster School of Medicine! We are excited to meet you and look forward to our interactive summer orientation. The Office of Student Affairs is here to help you with your medical school journey. We oversee the Medical Student Teaching Center and, with the help of College Mentors and Course Director, we offer a career advising curriculum to support your career aspirations. Throughout your medical school journey, we continue to work with you until your last year as you apply for and transition to residency. The Office of Student Affairs Deans and Staff are ready to serve and support you through your career.

Class of 2030 PLFSOM Orientation begins at 8:00 am MST on Wednesday, July 1, 2026, through Friday, July 3, 2026, which will conclude at or around 5 pm. Orientation is mandatory, and you are all expected to be on time for all three days.

On Monday, July 6, you will begin a three-week immersion experience in your first course as a medical student: Society, Community, and the Individual, with an opportunity to learn about El Paso, especially if you are new to our community. Many of you know about the White Coat Ceremony; in the following pages there is more information about this exciting event which will take place Saturday, August 29, 2026. In addition, the College Mentors want to specifically work with you regarding professionalism and incorporating that into your Class Oath. More information forthcoming via email in the weeks preceding Orientation.

Please ensure you provide the Texas Tech Health El Paso Registrar's Office with your updated address and phone numbers and to ensure we can reach you with any essential information. Be sure to check-out the Office of Student Affairs website for important resources such as academic support services, Catalog, Student Handbook, etc.: ([Student Affairs - Paul L. Foster School of Medicine | Texas Tech Health El Paso](#)).

Lastly, read this entire document and, where necessary, please respond ASAP. Look for Entering Student Requirements, Student Health Insurance Requirements, Student Immunization Requirements, Financial Aid, and more that require you to send us information before enrolling. A guide to the requirements you will need to address immediately follows this letter. Please consider completing these requirements as soon as possible to ensure your position in the PLFSOM.

We look forward to supporting your dreams and goals, learning from you, and working with you to become a talented and passionate physician. So, again, on behalf of the Office of Student Affairs and the Paul L. Foster School of Medicine, we congratulate and welcome all of you.

Warm regards,



Charmaine A Martin, M.D.
Associate Dean of Student Affairs
Associate Professor of Family and Community Medicine

Entering Student Requirements - Due Dates

Requirement	CONTACT Office or Department	Due Dates
Acceptance of Position	Foster SOM Admissions FosterSOMAdmissions@ttuhsc.edu	Within 2 weeks of offer
Activate eRaider/@ttuhsc.edu email account	Information Center (IT) ITechnology@ttuhsc.edu	ASAP- IT will send email to activate eRaider & ttuhsc email account within 1-2 days of acceptance.
Financial Aid/Scholarships	El Paso Financial Aid elp.financialaid@ttuhsc.edu	ASAP
Miscellaneous Information Survey (Qualtrics QR Code on NEXT PG.)	Goes directly to the Office of Student Affairs PLFSOM	No later than May 29, 2026
Immunization Requirements	Occupational Health ygrady@ttuhsc.edu	No later than May 29, 2026
Community Wide Orientation	CWO Link	No later than May 29, 2026
Online Safety Trainings and Education Program for Students (STEPS)	Martha.quezada@ttuhsc.edu Tech Training - Welcome Screen	ASAP (TTUHSC.edu email and eRaider activation required)
Basic Cardiac Life Support Certification (BLS)	AHA BLS Class Finder	No later than May 29, 2026. MUST be from American Heart Association (AHA)
Health Insurance to The Office of Student Services (SSSE)	Healthinsurance.elp@ttuhsc.edu	Instructions on next Pgs.
Textbooks and Equipment (TBA by the Office of Medical Education)	Patricia.rodriguez@ttuhsc.edu	Instructions on Next Pgs.
Register for Classes	Class Registration Instructions	<i>Registration is open April 13 – May 29, 2026</i>
\$100 Deposit to Hold Seat in Class	Foster SOM Admissions FosterSOMAdmissions@ttuhsc.edu	May 15, 2026
Criminal Background Check	HireRight CBC Link	No later than May 29, 2026
Orientation (Dress code enforced) – report to the Medical Science Building (MSB II) Lobby by 8 a.m.	Office of Student Affairs PLFSOM student.affairs.plfsom@ttuhsc.edu	July 1, 2, 3, 2026 Mandatory in Person
First Day of Classes		July 06, 2026
White Coat Ceremony	Office of Student Affairs PLFSOM student.affairs.plfsom@ttuhsc.edu	Saturday, August 29, 2026 8:00 am – 12:00 noon
Submit Official Final Transcripts (showing degree awarded)	elpfostertranscripts@ttuhsc.edu or mail to: TTUHSC El Paso - PLFSOM Office of Admissions, MEB, Ste. 1201 130 Rick Francis St., El Paso, TX 79905 MSC 21001	June 1, 2026
Online HIPAA Training	Tech Training - Welcome Screen	ASAP (before Orientation) – eRaider activation required.

Entering Student Requirements – Detailed Instructions

Acceptance of Position for Class of 2030: To accept the offer, please log on to [Admissions Log In](#) if you haven't already done so.

Standards of Curricular Completion: Submit acknowledgment form to Office of Admission by logging in to <https://admissions.elpaso.ttuhs.edu/Security/Login.aspx>.

Deposit to Hold Seat in Class: A \$100 placement fee must be paid. Please submit your electronic payment to the Office of Admissions to hold your seat in the incoming class. Please log on to [Admissions Security Log In](#) to pay the placement fee. For more information, contact Laura Olivas at 915-215-4406 or fostersomadmissions@ttuhsc.edu. (Information previously sent by the Office of Admissions.)

Criminal Background Check: Please complete the criminal background check requirement by visiting the [HireRight CBC Link](#). Please contact the student.affairs.plfsom@ttuhsc.edu for more information; students are responsible for the cost.

Community Orientation: Complete at [EPCC - Community Wide Orientation \(CWO\)](#) by May 29, 2026 (required by University Medical Center of El Paso (UMC). If you have any questions, contact student.affairs.plfsom@ttuhsc.edu.

Miscellaneous Information Survey: This is part of your Onboarding Packet and **must be completed immediately upon acceptance** through the QR Code below. The Policy and Consent Forms part of the packet will be emailed to you by the Office of Student Affairs upon notification of acceptance.



eRaider Account: Automatically created 1 – 2 days after acceptance of offer in the Admissions Portal; IT sends an activation code and instructions to your personal email. Activate your eRaider account by visiting <https://eraider.ttuhs.edu>. This will enable you to set up your TTUHSC email. For questions, contact the Office of Information Technology at 915-215-4111, option 1 or ITechnology@ttuhsc.edu. Please refer to pg. 37.

Register for Classes: Both your eRaider account and email must be activated in order to register. You will be eligible to register for the Paul L. Foster School of Medicine courses for both the Fall and Spring terms via webraider.ttuhs.edu. Instructions for how to register may be found at this site: [Registration instructions](#). Please review the information in the link thoroughly before signing onto the Webraider Student portal to begin registration. **DO NOT attempt registration until April 13 or after.**

Questions about the registration process may be sent to epregistrar@ttuhsc.edu.

Textbooks/Equipment: A list of required textbooks is available at the [TTUHSC El Paso Library](#). Please note that all textbooks are freely available in an online digital format through the library at <https://elpaso-ttuhs.libguides.com/PLFSOMtextbooks>

Immunization Requirements: There are specific immunization requirements that must be met before you can begin classes. Please refer to the Immunization and Supporting Documentation form in your Student Checklist. You must register on the [Occupational Health](#) portal, complete all immunization requirements, and upload all documents by May 29, 2026. If you have any questions, please contact Yolanda Grady at ygrady@ttuhsc.edu in the Office of Occupational Health or 915-215-4429.

Online Safety Trainings and Education Program for Students (STEPS) (MUST BE REGISTERED IN BANNER FIRST): (eRaider and R number required) go to <https://academic.elpaso.ttuhs.edu/TechTraining/> and complete all assigned online compliance and safety trainings *before* Orientation in July 1-3, 2026. Please see enclosed documents for guidance on training modules. For questions about the Safety Training and Education Program for Students (STEPS) or laboratory compliance, contact Safety Services at 915-215-4823 or Martha.quezada@ttuhsc.edu. Please keep copy for your records.

Online HIPAA Training (MUST BE REGISTERED IN BANNER FIRST): (eRaider and R number required) You will need to complete a required HIPAA training through the Institution's Tech Training website [Tech Training - Welcome Screen \(ttuhsc.edu\)](#) before you attend any of the curriculum. You must be registered in Banner in order to be assigned the training and have access to it. For questions about the HIPAA training, contact Mr. O. Eze at Obumneme.Eze@ttuhsc.edu. Please keep copy of your certificates for your record.

Basic Cardiac Life Support Certification (BLS) for Health Care Providers: Course certification is required prior to orientation. Please refer to the student checklist. The [American Heart Association CPR for Healthcare Providers course](#) covers adult and pediatric CPR, which will suffice for medical school. The AHA certification is usually valid for two years. Please submit your certification by May 29, 2026. Heartsaver® First Aid, Heartsaver® CPR AED, and Heartsaver® First Aid CPR AED courses do not fulfill the BCLS requirement.

Scrubs: Information at the Department of Medical Education - As you prepare to enter medical school this upcoming academic year, consider appropriate lab attire early. For information on purchasing scrubs, please refer to the letter from the Department of Medical Education or contact the department at 915-215-4322 or email heather.balsiger@ttuhsc.edu. Scrubs are required for the anatomy dissection lab.

Medical, Health, Disability: Regulations require that all students be covered by health insurance. Proof of insurance must be presented, via waiver submission, or purchased through our third-party provider, Academic Health Plans. Waivers are granted for those who provide proof of active insurance coverage that meets or exceeds the following: a U.S. employer health insurance plan, Marketplace plans (bronze, silver, gold, platinum plans) or Medicaid/Medicare plan that is compliant with the Affordable Care Act (ACA). You may also review options available through the Affordable Care Act (ACA) at <https://www.healthcare.gov>. You will receive an email during the third week of June which will provide information about the school health insurance plan, academic health plans, how to submit proof of private insurance, and options for obtaining medical insurance. The open enrollment and waiver period will begin in the second week of June. You can contact Health Insurance El Paso at healthinsurance.elp@ttuhsc.edu.

Orientation: A *mandatory in person* 3-day orientation will be held July 1, 2, 3, 2026. Report to the main lobby of the Medical Science Building (MSB II) at 8 am. Dress code will be announced and should be followed. See enclosed map for parking instructions. Breakfast and lunch will be provided during all orientation days.

First Day of Class: Classes begin Monday, July 6, 2026 with a three-week immersion experience in your first course: Society, Community and the Individual (SCI).

White Coat Ceremony: This event represents the moment of induction into the profession of medicine. You will be presented with a white coat for the first time. It is a wonderful event to share with your family and friends as you embark on your medical education. This year the White Coat Ceremony will take place on Saturday, August 29, 2026 from 8:00 am to 12:00 noon at the Starlight Event Center. More information to come!

Submit Transcripts: We require final official transcripts, which includes the notation of degree conferred in addition to transcripts for every institution you may have attended. Failure to do so will result in disenrollment in all courses. The transcripts you submitted to TMDSAS with your application do not satisfy this requirement.

Please mail final transcripts by June 1, 2026 to:

elpfostertranscripts@ttuhsc.edu or mail to:

Texas Tech Health El Paso - Foster School of Medicine
Office of Admissions, MEB, Ste. 1201
130 Rick Francis St., El Paso, TX 79905
MSC 21001

NOTE: You are responsible for keeping a copy of all your credentialing document and providing them to the Office of Student Affairs upon request:

- **BLS Card**
- **Community Wide Orientation Certificate**
- **Mask Fit Certificate**
- **Drug Screening Outcome**
- **CBC – Background Check**
- **HIPPA Training Certificate**

Basic Life Support Card

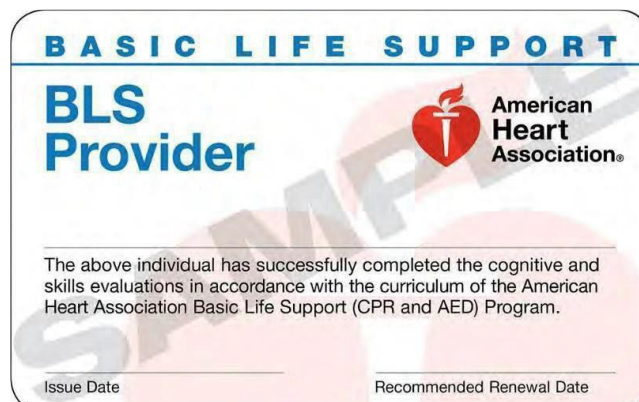
Below is a sample of a Basic Life Support (BLS) card for health care providers. [The American Heart Association certification](#) is valid for two years. Other agencies may issue certificates that are valid for only one year.

BLS for health care providers classes go in-depth and take approximately six to eight hours to complete. Online courses are not sufficient—hands-on training is required to complete certification.

Heartsaver® First Aid, Heartsaver® CPR AED, and Heartsaver® First Aid CPR AED courses do not fulfill the BLS for health care providers requirement. WE DON'T ACCEPT A BLS FROM RED CROSS.

Please contact the Office Student Affairs at student.affairs.plfsom@ttuhsc.edu if you have any questions about the BLS card requirement.

Course certification and a copy of the card are required by the stated deadline.



The Arnold P. Gold Foundation White Coat Ceremony

The Arnold P. Gold Foundation White Coat Ceremony welcomes entering medical students and helps establish a psychological contract for the practice of medicine. The ceremony emphasizes the importance of compassionate care for patients, as well as scientific proficiency, and includes several elements:

- Recitation of the FSOM Class of 2030 oath; a public acknowledgment by the students in the presence of family, peers, and faculty of the responsibilities of the profession and their willingness to assume such obligations.
- Cloaking of students in their first white coats.
- An address by a physician role model.

The tradition of the White Coat Ceremony began August 10, 1993 at the Columbia University College of Physicians and Surgeons. Grants from the Robert Wood Johnson Foundation in 1996 and 1997 made future and widespread advocacy of this celebratory and solemn event possible. Now, a White Coat Ceremony or similar rite of passage takes place at more than 90 percent of medical and osteopathy schools in the United States, as well as all four medical schools in Israel.

During the ceremony, students are welcomed by their deans, the president of the institution, and other respected leaders who represent the value system of the school and the profession the students are about to enter. The cloaking with the white coat—the mantle of the medical profession—is meant to be a bonding process between the medical student and the individuals who represent the belief in the student's ability to carry on the noble tradition of doctoring. It is a personally delivered gift of faith, confidence, and compassion.

This year's will be the 13th White Coat Ceremony for the Paul L. Foster School of Medicine. This ceremony has become an integral part of the orientation and immersion block and a vital element in our students' introduction to the community of medicine. During the orientation and immersion block, students will meet in small groups with faculty facilitators and craft the oath that they will recite at the ceremony.

We look forward to meeting your friends and family at this year's ceremony on Saturday, August 29, 2026, as we present you with your first white coat.



Office of Admissions

Welcome to the Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine!

We are excited that you will be joining the class of 2030 and look forward to seeing you on campus. As mentioned in your acceptance letter, there is a \$100, non-refundable placement guarantee fee that reserves your space in the entering class. This fee is due by May 15, 2026, if you receive an offer after May 15, your placement fee is due within 48 hours following the offer of acceptance.

Please submit your electronic payment by May 15th using the hyperlink provided in your acceptance email or at: <https://admissions.elpaso.ttuhsoc.edu/Security/Login.aspx> .

Additionally, you will need to provide final official transcript(s) by June 1, 2026, which includes the notation of degree conferred to the Foster School of Medicine Office of Admissions (elpfostertranscripts@ttuhsc.edu) and the Texas Medical and Dental Schools Application Service (TMDSAS).

As a reminder, if you are holding a seat at more than one medical school, the school(s) from which you wish to withdraw along with TMDSAS and/or AMCAS must be notified of your change in status. You should be seated at only one medical school as of April 30th, 2026. As a courtesy to all schools involved, please make this notification as soon as you have reached a decision. Should you need to withdraw from Foster SOM, please submit this decision at: <https://admissions.elpaso.ttuhsoc.edu/Security/Login.aspx> and notify the Office of Admissions and the Office of Student Affairs of your decision to withdraw.

If you have any questions or need additional information, please do not hesitate to call or email me at: Laura.Olivas@ttuhsc.edu . Again, congratulations on your acceptance to the Foster School of Medicine class of 2030!

Sincerely,

Laura Olivas, M.B.A.

Senior Director of Admissions

Laura.Olivas@ttuhsc.edu

915-215-4406

Admissions Ambassadors

Dear Class of 2030,

Congratulations again on your acceptance and welcome to the Paul L. Foster School of Medicine. Your grit, experiences, and accomplishments has led you to this very moment, and we are so happy you are joining our community for the next step in your careers.

As you are all well aware, the challenges of getting into medical school are numerous, but the hard work does not stop here, in fact it is just the beginning. In your passage of dropping the “pre” in your title and becoming full blown medical students, you will face new struggles that you may never have previously. With that being said, let us issue your first challenge: learning to ask for support. You did not get to this point without the support of someone, and the Ambassador team and so many others fully intend to make sure that through your time at Texas Tech El Paso that you continue to receive that critical help whenever you may need it, especially in this transition process.

El Paso prides itself for its community-centric nature, and we have internalized that value here throughout our campus and encourage you all to embrace this culture of support and collaboration to carry that legacy. Both the faculty and fellow students in classes above are all cheering for you and are here to make sure you are able to attain success, whatever that definition looks like to you. Medicine is hard enough, but we hope that with the support of mentors, tutors, and classmates, you will find your place in this amazing field and continue to receive reminders of why we do it in the first place.

Warmest Regards,

The Admissions Ambassadors Leadership Team

ELPFosterSOMAmbassadors@ttuhsc.edu



Office of Institutional Advancement

Class of 2030, welcome to the Foster School of Medicine!

The Office of Institutional Advancement, also known on campus as IA, strengthens the bridge between Texas Tech Health El Paso and our Borderplex community.

IA is composed of two teams: Marketing and Communications, and Development. The Marketing and Communications team, known internally as MarComm, leads external communications for the university, including all schools, Texas Tech Physicians of El Paso clinics, and the Texas Tech Dental Oral Health Clinic. As the point of contact for the media, we produce the university's news releases and coordinate interviews with faculty, administrators, students and other members of the Texas Tech Health El Paso community. Our MarComm team includes talented writers, editors, graphic artists and social media managers. We produce the university's annual magazine and Tech Talk news site, manage Texas Tech Health El Paso's social media channels, and create and manage university, school, department and organization logos. Our Development team consists of donor-relations experts and experienced grant writers. They work closely with private and corporate donors, as well as foundations, to secure financial support for the university, schools, programs, scholarships, patient care and more. Development also organizes and hosts donor events and other special events in support of Texas Tech Health El Paso.

After establishing successful careers, many Foster School of Medicine alumni have given back to Texas Tech Health El Paso, supporting programs that have made a positive impact on the health of the community or funding scholarships for medical students. Learn more about the impact of gifts to our university by visiting IA's Giving page at elpaso.ttuhsce.edu/ia/giving.

Remember, IA is here to serve you! Our website is ttuhsce.edu/elpaso/ia.

Please reach out to us:

- **Before** you apply for grants or contact individuals or businesses for donations.
- When you'd like media coverage for your event, or if a member of the media contacts you for a story. **Please contact us immediately** at news.ep@ttuhsce.edu so we can coordinate with media.
- If you have questions about Texas Tech Health El Paso branding and/or logo usage. Visit our Branding page at elpaso.ttuhsce.edu/ia/mc/branding to read our branding guidelines and download logos and templates.

IA is also here to partner with student groups and organizations for promotion of campus events and community engagement activities. Our teams can assist with on- and off-campus digital monitors, social media and more.

And one last – and very important – thing: When referring to our university with media and community partners – even via email – please write or say the entire name as **Texas Tech University Health Sciences Center El Paso**, or use our marketing name, **Texas Tech Health El Paso**.

We know it's a lot to say, but we ask you to **include El Paso**, because it's part of our official name, and it distinguishes us from the health sciences center in Lubbock.

Don't forget to stay in the loop on what's happening on campus by visiting Tech Talk at techtalkelpaso.com and following us on Facebook, X (formerly known as Twitter), and Instagram @TTHealthElPaso.

Once again, welcome to Texas Tech Health El Paso and the Foster School of Medicine. We wish you success in everything you do!

The Office of Institutional Advancement

Office of Global Health and Societies



Congratulations on interviewing at Texas Tech Health El Paso Foster School of Medicine. On behalf of the Office of Global Health and Societies, we would like to welcome you.

PLFSOM is nationally recognized for its strong emphasis on global and border health, a focus that is deeply integrated into our educational mission.

A hallmark of this commitment is our Global Health Distinction; a longitudinal program designed for medical students with a strong interest in global and population health. Through structured coursework, educational programming, and mentored scholarly and experiential opportunities, the distinction allows students to develop a deeper understanding of health challenges affecting underserved and internationally populations. Students who complete the program graduate with formal recognition of their advanced training in global health.

Our office supports a variety of educational initiatives, including a monthly lecture and film series, an annual Global Health Conference, and other programming that highlights global, border, and population health issues relevant to our region and beyond. For more information about our office and global health programs, we invite you to visit our website:

[OFFICE OF GLOBAL HEALTH AND SOCIETIES](#)

We would also be happy to speak with you further about our global health programming and how it may align with your interests and career goals. Please do not hesitate to reach out. We hope you find PLFSOM to be an excellent fit for your medical education.

Sincerely,

J. Manuel de la Rosa, M.D., MSc.
Vice President -Office of Outreach and Community
Engagement
Interim Chair Pediatrics Department TTUHSC El Paso
Jmanuel.Delarosa@ttuhsc.edu

Mayra Morales, M.B.A.
Senior Director
Office of Global Health and Societies
TTUHSC El Paso
mayra.morales@ttuhsc.edu

Contact information
Main office number – 915.215.4805
Main email address:
GlobalHealthandSocietiesep@ttuhsc.edu

Medical Student Council

From the Medical School Council Class of 2029, welcome to Paul L. Foster School of Medicine Class of 2030!

I would like to first congratulate every one of you! This is a very exciting moment in your journey that was made possible through your own dedication, work ethic, and resilience to pursue medicine. The obstacles you have overcome have all been lessons that have prepared you and guided you to reach this stage. Every one of you is completely capable to excel and thrive in every aspect at Paul L. Foster School of Medicine. Never forget!

Medical school will be challenging. The role of a physician requires striving for perfection and demanding excellence in every responsibility. Because of your hard work, you will have the opportunity to reach this goal and become the physician you strive to be. Your excellence in academics allows you to understand medicine, but your character is what defines the relationships and impact you will create in your community.

Our school creates compassionate and caring physicians, an atmosphere that is reflected in our faculty and staff, a student-focused environment that always want us to succeed. The resources are present, either through faculty or other students, we are all willing to help and welcome you to Paul L. Foster School of Medicine! You are the most important part of this journey and remember to put yourself first and always ask for help!

This is a very exciting stage you will begin soon and there are a few things you should have ready!

-You will be invited to the Class of 2030 GroupMe so make sure to download the GroupMe app. It will help you communicate with your class and be aware of important updates, reminders, and different interest groups.

-The "PLFSOM Marketplace" Facebook will be shared as well to be able to find books, furniture and other items. Do not feel the need to buy any textbooks or medical supplies as PLFSOM will provide more information closer to the first day of class.

-Look for housing as early as possible! Be sure to allow yourself time to look at different locations and consider your preferences of distance to school, amenities, and other factors. A housing guide created by current and past students will provide more information of the housing options in El Paso!

As you begin preparing for medical school, be sure to enjoy time with loved ones, prioritize your wellbeing and appreciate this journey. The transition into medical school can be overwhelming, but don't worry! Orientation and Immersion will create a smooth transition to start medical school. You will be able to explore El Paso, but more importantly, the opportunity to begin forming friendships and getting to know your classmates and upperclassmen.

Feel free to contact me if you have any questions or concerns!

Once again, welcome to Paul L. Foster School of Medicine Class of 2030! We are looking forward to seeing you soon in El Paso!

All the best,

Luis Gil

MD Candidate | PLFSOM Class of 2029

Medical School Council 2029 Class President

American and Texas Medical Association (AMA/TMA) Medical Student Section (MSS)

Welcome, Foster School of Medicine Incoming Class of 2030!

The Foster School of Medicine Chapter of the American Medical Association and the Texas Medical Association would like to extend our warm congratulations on your recent admission! The AMA/TMA Chapter is the largest student organization at Foster SOM in addition to being the largest association for medical students and physicians in the state of Texas and the country.

We hold Patagonia sale from time to time. Be on the lookout for an email from us with a sign-up link to purchase them.

AMA and TMA both work hard to influence legislation to protect the rights of both health care professionals and patients. As incoming medical students, you all have goals for your careers as physicians. The Foster AMA/TMA Chapter will help you achieve these goals through leadership and service, to shape the world of healthcare. With more than 48,000 medical students, the AMA-MSS provides a massive network of medical students from across the country.

As a member of AMA/TMA, you will have access to unique networking, community service, policy making in national and state levels, and educational opportunities. We coordinate numerous community service activities including Vaccines Defend What Matters (free vaccine clinics), Hard Hats for Little Heads (free bicycle helmets for children), and 'Walk with A Doc' (community walks connecting patients with their physicians). Our members also benefit from clinical and leadership opportunities at the student-run RotaCare Free Clinic.

We will provide a time for you to join the AMA/TMA during your orientation. AMA membership for 4 years (\$68) comes with a subscription to the Journal of the American Medical Association (JAMA), Kaplan discounts, and a two-year subscription to Headspace. You will also have a choice of one of the following items for FREE:

- Picmonic (12 Month Subscription)
- Netter's Anatomy Flashcards
- Boards and Beyond (9 Month Subscription)
- First Aid for the USMLE STEP 1 textbook Sketchy Medicine (6 Month Subscription)
- Goljan Rapid Review Pathology textbook

Feel free to sign up for AMA at any time. If you have any questions or need guidance on which items to select, you can wait until orientation, where we will provide further assistance. Please feel free to email me at Mohammed.yamin@ttuhsc.edu. We look forward to seeing you on campus soon!

Sincerely,

Mohammed Yamin

Class of 2026

AMA/TMA Foster SOM Chapter President

Office of Occupational Health

It is the policy of Texas Tech University Health Sciences Center El Paso to maintain a health program that conforms to the guidelines and recommendations established by the Centers of Disease Control and Prevention (CDC). This program is directed toward primary prevention, early detection, and diagnosis of exposure-related illnesses.

Immunization records are kept on file in the Office of Occupational Health. As immunizations are updated, written documentation must be submitted to this office.

- Copies of Lab Reports, Immunizations, and Health Records must be provided
- Lab reports must be in English.

Documentation of required immunizations and titers must be uploaded to Texas Tech Health Manager Portal:

[TexasTechHealthManager](#)

Immunization Requirements:

Varicella (Chicken Pox): Proof of immunity determined by serologic titer. In the event of a negative titer, two doses of Varicella vaccine at least 28 days apart is required.

Measles (Rubeola): Proof of immunity determined by serologic titer. In the event of a negative titer, two doses of MMR at least 28 days apart is required.

Rubella (German Measles): Proof of immunity determined by serologic titer. In the event of a negative titer, two doses of MMR at least 28 days apart is required.

Mumps: Proof of immunity determined by serologic titer. In the event of a negative titer, two doses of MMR at least 28 days apart is required.

Hepatitis B: Series of three vaccines followed by an antibody titer. If immunity is not developed after the initial series, a second series and re-titer is required as recommended by the Center for Disease Control and Prevention.

This series must begin prior to matriculation, but may be completed after arrival.

Tetanus/Diphtheria/Pertussis: One dose of adult Tdap. If adult Tdap is more than 10 years old, provide date of last Td or Tdap.

COVID-19 Vaccine: A copy of COVID vaccine card if available and you would like to provide.

Meningococcal Vaccine: Documentation of current vaccine (if age < 22)

Flu vaccine: when in season ~ September thru March

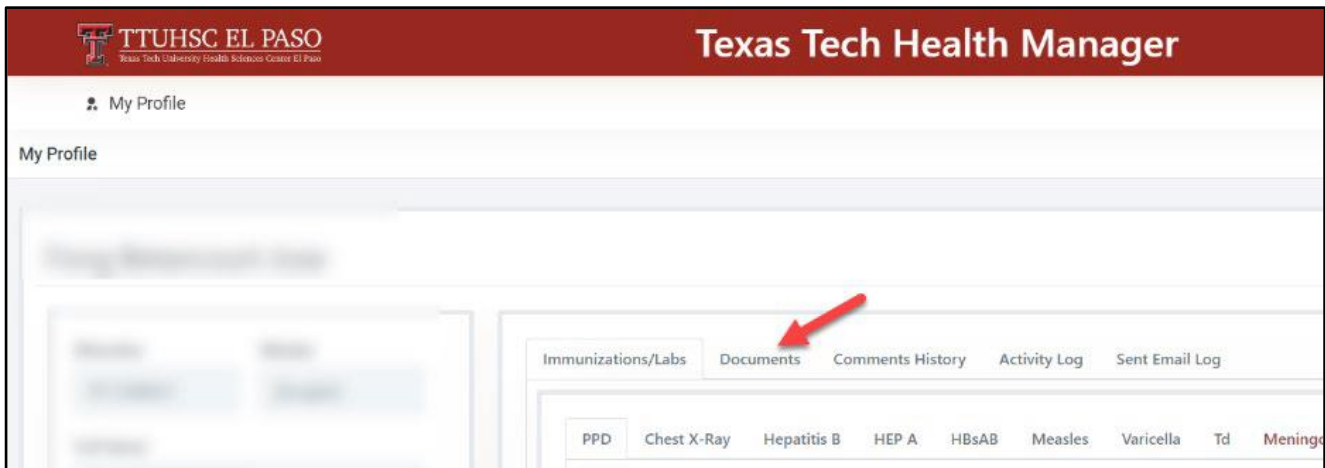
Tuberculosis clearance: Documentation of 2 negative TB skin tests within the last 2 months of your start date, OR documentation of one negative test 2-12 months, then complete one TB skin test within the last 2 months of your start date, OR documentation of a negative TB lab test (T-SPOT, QFT-Gold) within the last 2 months of your start date. If you have a history of a positive TB skin test, documentation of the positive TB skin test or lab test, a chest x-ray, and medication prescribed, if any, is required. BCG vaccine does not preclude the need for TB skin testing.

You will receive an email from the Texas Tech Health Manager once your account has been set-up and it will prompt you to login to review your Required Items, and submit your documentation in PDF format.

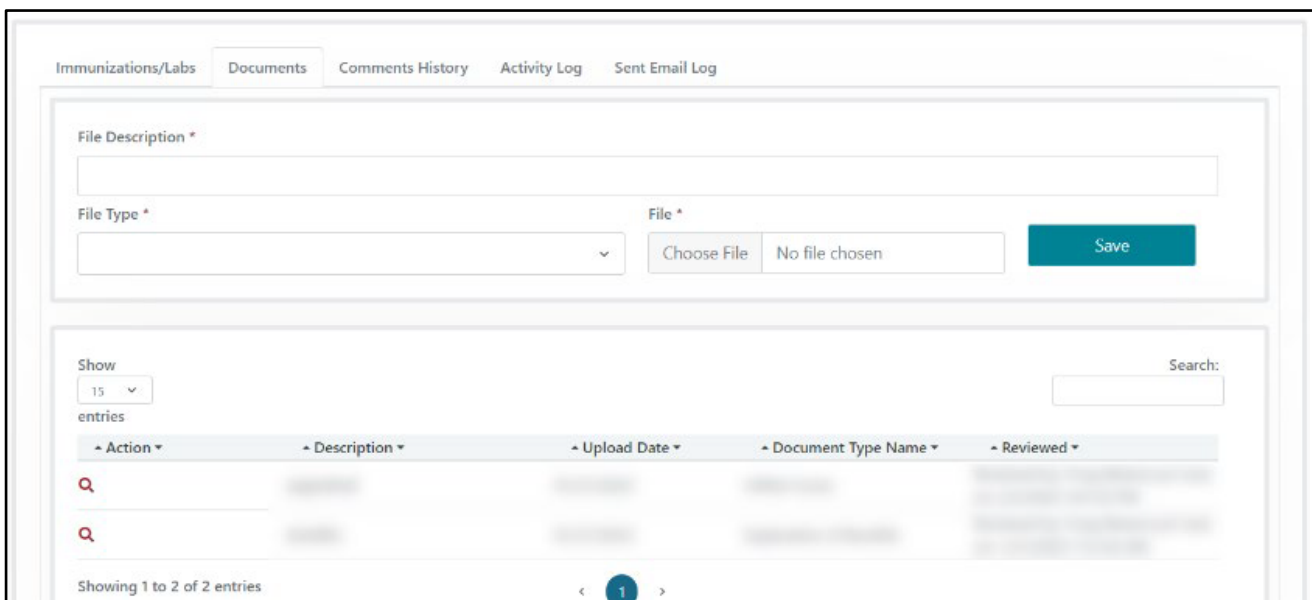
<https://elpaso.ttuhscc.edu/TexasTechHealthManager>

NOTE: To enter the system, you must have an Active eRaider Account and a valid Texas Tech email address.

1. Go to My Profile and select the Documents Tab



2. In the documents tab type the file description, select the file type and the file you wish to upload. Once all the required information is filled you will be able to save the file. A list of all submitted files and the status of each submission is available at the bottom of the documents section.



Once documents have been submitted, you will be notified of any missing requirements. You are expected to log in to the portal and check messages regularly. Occupational Health will notify you once immunization requirements have been met.

Questions regarding immunization status may be directed to:

Yolanda Grady at (915) 215-4428, ygrady@ttuhsc.edu , or

Sandra Tellez at (915) 215-5095, santelle@ttuhsc.edu

Office of Occupation Health 4801 Alberta Avenue | El Paso | Texas | 79905

The Student Support Center at Texas Tech Health El Paso

Welcome Class of 2030!

The Student Support Center (SSC) at Texas Tech Health El Paso is committed to students' academic and personal wellness by providing individual counseling services, outreach programming, and accessibility services that honor and respect the unique experiences and characteristics of each person in a welcoming environment that fosters development and psychological well-being. The SSC is composed of two offices: Student Counseling Services and the Accessibility Office.

Student Counseling Services

Student Counseling Services provides FREE and CONFIDENTIAL short-term counseling and consultation to enrolled Texas Tech Health El Paso El Paso students who are experiencing emotional and psychological challenges that interfere with their ability to be successful in the learning environment and/or their personal development. Our purpose is not to provide intense treatment for severe, chronic, or long-term mental illness or mental health problems. In the event that some students require services not offered by the SSC, counselors will assist in finding the most appropriate source of help and refer students to campus or community resources.

Information shared by individuals in a counseling session or attendance at the SSC is kept in strict confidence. Information is never disclosed outside of the SSC without written permission of the student, with the exception of the following: Abuse of Children, Elderly, or Disabled Persons; Imminent Harm to Self or Others; Reports of Sexual Exploitation by a Therapist; or Court Orders for Records Release, Depositions, Testimony.

To schedule an appointment, students can stop by the SSC in MSB II Room 2C201, call **915-215-2855 (TALK)**, or email support.elp@ttuhsc.edu.

Accessibility Office

The Accessibility Office in the Student Support Center at Texas Tech Health El Paso is committed to ensuring that all of our students receive an equal opportunity to a successful education. In compliance with the Americans with Disabilities Act, we provide reasonable accommodations for students with a temporary or permanent disability. The Accessibility Office (AO) works to provide equal access to educational activities for all students. In addition, AO coordinates programs that increase awareness among all members of the Texas Tech Health El Paso campus, so that students with disabilities are able to achieve academic success based on their abilities and not their disabilities. The AO provides academic services and accommodations for students with diagnosed disabilities in accordance with Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act of 2008. The ADA defines a disability as a physical or mental impairment that substantially limits one or more major life activities. Students disclosing a diagnosed disability with evidence of a functional limitation that impacts them in the academic setting will be provided with reasonable accommodations.

Students with disabilities must be able to perform the essential functions (technical standards) of the curriculum with or without accommodations and present no threat to the safety and well-being of others. The AO requires comprehensive documentation of the disability and an interactive process with the student to determine appropriate services and accommodations.

The AO is committed to ensuring that all student information, including disability related documentation, correspondence, and accommodation records, is kept confidential in accordance with state and federal laws.

For more information or to set up an appointment, please go to [Apply for Accommodations link](#), email disabilitysupport.elp@ttuhsc.edu, or come to our offices located at the MSB II, Room 2C201.

Scrubs

Dear Class of 2030,

Congratulations and welcome to the Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine. As you prepare to enter medical school this upcoming academic year, we ask that you consider appropriate lab attire early. We request that you obtain at least one set of scrubs to be worn in the anatomy laboratories. Only approved scrubs may be worn in lab, as described in the next paragraph.

Scrubs may be purchased from any vendor or manufacturer but must be a dark gray color. Please see the list below as a reference for approved colors. If you do not find the brand you wish to purchase on this list, please find a brand with a matching color.

- Cherokee - Pewter
- Dickies – Pewter Gray
- FIGS – Charcoal
- Grey’s Anatomy by Barco - Nickel or Granite
- Healing Hands – Pewter
- Landau - Steel Gray
- Medline - Charcoal Gray

Please note that sizing and styles can vary between manufacturers, so it may be a good idea to visit a local medical uniform supplier to try on different scrubs. You can find a local medical uniform supplier in your area, or there are several suppliers of scrubs in the El Paso area. I listed a couple here, for your convenience.

AJ’s Uniforms

900 N. Mesa St.
El Paso, TX 79902
(915) 544-6010

Signature Medical Uniforms

1130 Geronimo
El Paso, TX 79925
(915) 772-1140

Again, welcome to the Paul L. Foster School of Medicine. I look forward to meeting you in July. Please contact me if you have any questions regarding your scrubs or any concerns related to the gross anatomy labs.

Respectfully,

Heather A. Balsiger, M.S.

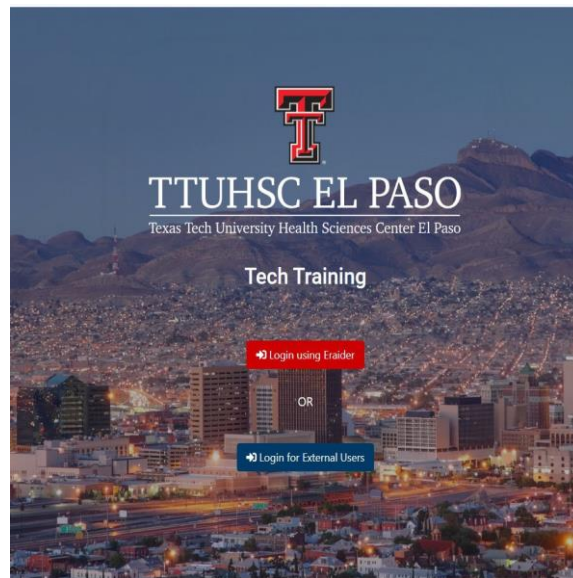
Faculty Associate, Anatomy
Anatomy Lab & Willd Body Program Director
130 Rick Francis St. | El Paso, Texas 79905 |
T 915.215.4322 | F 915.783.1715 |
heather.balsiger@ttushc.edu

Department of Safety Services

Safety Training completion is required for all Texas Tech Health El Paso employees, students & volunteers (HSCEP 75.01).

Safety Training Login Instructions

Step1 – Go to <https://academic.elpaso.ttuhsoc.edu/TechTraining/>



Step2 – Sign in with your eRaider/username credentials

Step3 – Complete the Safety Training Education Program for Students (STEPS)

Step4 – Contact the department of Safety Services at 915-215-4823 to have the Laboratory Safety Essentials (LSE) training assigned to you.

For assistance, please contact the department of Safety Services at
915-215-4823 or safetyserviceselp@ttuhsc.edu

Office of Student Financial Aid

Estimated Financial Aid Student Budgets for AY 2026-2027

	MEDICINE RESIDENT			
	MS1	MS2	MS3	MS4
TUITION	\$ 18,414	\$ 18,414	\$ 18,414	\$ 18,414
FEEES	\$ 6,078	\$ 6,078	\$ 6,078	\$ 6,203
BOOKS	\$ -	\$ -	\$ -	\$ -
TRANS	\$ 5,534	\$ 4,025	\$ 6,037	\$ 6,037
PER EXPS	\$ 11,990	\$ 8,720	\$ 13,080	\$ 13,080
LIVING EXPENSES	\$ 25,938	\$ 18,864	\$ 28,296	\$ 34,512
OTHER-USMLE	\$ -	\$ 680	\$ 680	\$ 935
OTHER- EXTERNSHIPS	\$ -	\$ -	\$ -	\$ 3,550
TOTAL	\$ 67,954	\$ 56,781	\$ 72,585	\$ 82,731

	MEDICINE NON-RESIDENT			
	MS1	MS2	MS3	MS4
TUITION	\$ 33,626	\$ 33,626	\$ 33,626	\$ 33,626
FEEES	\$ 6,078	\$ 6,078	\$ 6,078	\$ 6,203
BOOKS	\$ -	\$ -	\$ -	\$ -
TRANS	\$ 5,534	\$ 4,025	\$ 6,037	\$ 6,037
PER EXPS	\$ 11,990	\$ 8,720	\$ 13,080	\$ 13,080
LIVING EXPENSES	\$ 25,938	\$ 18,864	\$ 28,296	\$ 34,512
OTHER-USMLE	\$ -	\$ 680	\$ 680	\$ 935
OTHER- EXTERNSHIPS	\$ -	\$ -	\$ -	\$ 3,550
TOTAL	\$ 83,166	\$ 71,993	\$ 87,797	\$ 97,943

*Estimated amounts are subject to change each academic year without notice.

*Students who live at home with their parents will have a lower housing/food allowance.

Items covered by financial aid:

- Tuition and fees
- Books and supplies (including lab equipment)
- Transportation
- Living Expenses (Housing and food)
- Health insurance
- Personal and miscellaneous (medical, dental, clothing, cleaning, etc.)
- Travel and living expenses for away rotations
- State professional license exam – e.g. USMLE STEP 1 examination
- Travel costs for residency/job interviews

Items NOT covered by financial aid

- Automobile payments
- Consumer debt (credit cards, loan payments)



Understanding the Effects of Credit and Consumer Debt

Prepare for lifestyle changes. Live within your budget and resist spontaneous spending. It's important to avoid consumer debt from credit cards and other consumer loans that will be difficult to support on a financial aid budget.

Understand all of the terms and conditions of credit cards and loans. Taking out a private loan can bridge the financial gap between what you expect to spend and what you can afford. It is in your best interest to be cautious and only borrow what you absolutely need when taking out an educational loan.

Remember, all student loans must be repaid.

How Do I Pay for School?

Savings – Live frugally now and while in school.

Family – Use cash gifts from family and friends for school costs.

Outside Scholarships – Apply often; school, outside organizations, web searches.

Financial Aid – Apply every year. Financial aid awards consist of grants, scholarships, and student loans.



What is Financial Aid?

FINANCIAL AID is defined as assistance in paying for your educational expenses. These expenses include tuition, fees, books, supplies, instruments, and living expenses while in school. Any assistance is considered “financial aid,” regardless of the source. These sources are:



Understanding Types of Financial Aid

Grants: Funds from federal and state sources that do NOT require repayment.

Scholarships: State, institutional, and organizational funds that do NOT require repayment.

Loan Programs: Money that must be paid back. May consist of federal and private loans.

Who is Eligible to Receive Financial Aid?

To be eligible to receive financial aid, you must be accepted and matriculated in a degree-granting program. Students accepted as “special” or “provisional” may be eligible to receive financial aid for up to 12 hours, while progressing toward a regular student status. Contact our office for details.

How Do I Apply for Financial Aid?

Complete a 2026-2027 FAFSA® (Free Application for Federal Student Aid)

Obtain a FSA ID at <https://studentaid.gov/fsa-id/create-account/launch>

Go to <https://studentaid.gov/h/apply-for-aid/fafsa> and follow the instructions

PLEASE NOTE: We are Texas Tech University Health Sciences Center El Paso.

Our School Code is 042808

Students completing a 2026-2027 FAFSA® are given the option to give their consent for the FAFSA application to access your tax return information directly from the IRS. With consent and approval, the U.S. Department of Education can obtain your federal tax information directly from the IRS to help complete the FAFSA form. If consent and approval are not provided by the student and all contributors on the FAFSA form, the student will not be eligible for federal student aid, including grants and loans. All participants must provide consent and approval even if they didn't file a U.S. federal tax return or any tax return at all.

- The timely completion of your application improves your chance of receiving financial aid funds on time. Financial Aid priority deadline for Texas is published each year at <https://www.mytexasfuture.org/middle-high-school/explore-financial-aid/apply-for-financial-aid/>.

Other Types of Financial Aid Programs - Military

Armed Forces Health Professions Scholarship Program (HPSP)

A Health Professions Scholarship from any of the military services will provide up to four years' worth of full tuition, all required fees, books/equipment, and a monthly stipend. In return for each year of support from one of the armed services, you must serve one year of active duty in that service—or a minimum of two years' service—excluding periods of post-graduate professional education.

Armed Forces Financial Assistance Programs

Annual grant plus a monthly stipend. Participants must be eligible for appointment as a commissioned officer. For each year of participation, residents must serve at least one year in active federal service upon completion of specialty training. The armed forces have many different loan repayment programs available – see your recruiter for specific details.

For more information:

Air Force: <https://www.airforce.com/careers/specialty-careers/healthcare>

Army: <https://www.goarmy.com/careers-and-jobs/specialty-careers/health-care/amedd-scholarship.html>

Navy: <https://www.med.navy.mil/Accessions/Health-Professions-Scholarship-Program-HPSP-and-Financial-Assistance-Program-FAP/>

Hazelwood Act

For Texas veterans who have exhausted their eligibility for federal benefits (including VA, Pell Grants, SEOG, and others), this act will waive tuition charges. See your Veterans Affairs (VA) coordinator for further details.

Please notify the Office of Student Services if you are a Veteran of the military.

Scholarship Search and Resource Websites

U.S. Department of Education

www.studentaid.ed.gov - this website is your one-stop shop for all your federal student aid needs. You can view your loan history, complete loan requirements, and access loan borrowing & repayment simulators.

Fin Aid Student Guide to Financial Aid

www.finaid.org - this website provides additional resources to better understand the different types of financial aid.

Texas Financial Aid Information

<https://www.mytexasfuture.org/> - this website connects you with the resources you need to plan your career and education.

Fastweb Scholarship Search

www.fastweb.com – this website is a scholarship search engine.

Paso Del Norte Health Foundation

<https://pdnhf.org/> - this website provides funding opportunities to current and potential grantees in the health priority areas. Although grant funding is not for individuals, it is a great resource to have to for any potential program developments that align with Paso Del Norte Health Foundation's health priority areas.



Other resources include local churches, banks, businesses, civic organizations, hospitals, and health care centers.

Financial Aid Timeline

October

The student completes their FAFSA® at www.studentaid.gov

School Code: 042808

February

Texas Tech Health El Paso receives FAFSA® data from the federal processor electronically.

April

Texas Tech Health El Paso begins sending missing-information emails to students if additional documents are needed. The student submits any missing documents.

May

Texas Tech Health El Paso emails award notice to the student. The award offer outlines the programs and funds the student is eligible for.

The student completes the Federal Direct loan application for the year (only for students borrowing Federal Direct loans).

The student completes Grad Plus/Alternative Loan application (only for students borrowing one of these loans).

Ten days prior to the start of each semester:

The Federal Direct loan processing service electronically sends loan funds to the school.

Financial aid funds (loans, grants, and scholarships) are applied toward student's tuition accounts.

Financial Info, Resources, Services, and Tools (FIRST for Medical Education)

FIRST Website: www.aamc.org/services/first

PODCASTS: They are brief and informative and include information about repayment options and public loan forgiveness.

Fact sheets: Information on budgeting, credit, loan options, tax benefits, and postponing payments.

Financial Literacy 101: These online modules are short podcasts that explore many different financial topics like setting goals, maintaining a budget, and assessing your own financial knowledge.

IMPORTANT CONTACT INFORMATION:

OFFICE of STUDENT FINANCIAL AID - MSBII Building, Second Floor, RM 2C201

137 Rick Francis El Paso, Texas 79905

915-215-4370 – option 3

Email: elp.financialaid@ttuhsc.edu

Questions Concerning Tuition/Fees or Refunds

Questions about tuition & fee information, third-party payments, or how refunds are processed, please contact:

The Office of Student Business Services at 915-215-5680 or SBSElp@ttuhsc.edu

Managing Finances during Medical School

- Pay bills on time
- Pay down debt on lines of credit.
- Apply for credit sparingly.
- Seek support along the way from family and friends, your financial aid office, and [FIRST \(Financial Information, Resources, Services, and Tools\) | Students & Residents \(aamc.org\)](#)

Manage Money Wisely

Put your budget in writing and review it periodically (every month in your first year).

Create a realistic budget.

Build a nest egg (for emergencies).

Example budget:

Rent/utilities (incl. internet, laundry, phone, and renter's insurance)	\$2,000
Food and household supplies, transportation	\$485
Personal/miscellaneous expenses (clothing, routine medical, recreation)	\$250
Nest egg	\$50
Total Monthly	\$2,785

Know your available budget by using the Budget Worksheet provided at the end.

First-year students are encouraged to bring enough money to last until the beginning of July for any expenses (e.g., household items, first month's rent, security deposit, etc.) until financial aid is distributed.

Med Loan Calculator: Calculate your loan interest and possible repayment amounts.

<https://www.aamc.org/services/first/medloans/>

Physician Salaries: Here are some examples of physician salaries.

<https://www.bls.gov/ooh/healthcare/physicians-and-surgeons.htm#tab-5>

Budgeting

When planning your budget, you can utilize Texas Tech Health El Paso's estimated cost of attendance for guidance. Budgeting with financial aid differs from planning with a typical work income because you have no guaranteed income. By budgeting with the cost of attendance, you can estimate the amount of financial aid you will require for the year.

The academic aid year is divided into two installments for the disbursement of financial aid.

As part of your financial aid budget, consider some extra expenses, such as: Prep courses (\$2k-5k); first aid; Step 1/Step 2 Clinical Knowledge (CK) (\$680); the USMLE, MS2 and MS3 (\$1,580); USMLE MSIV (\$5000); and fourth-year expenses, such as, travel, transportation, hotels, and meals.

During your four years of medical school, loan periods vary as well, so learning how to budget for a whole year is key to getting the most out of your financial aid. It is also a great budgeting tip to save money after graduation because you will not get your residency pay right away.

The Budget Worksheet below will help you figure out what you are spending on school and what you will need to live on during the academic year. Interactive Budget Worksheet from AAMC: [download \(aamc.org\)](#)



Budget Worksheet for Students

For an interactive PDF of a student's budget, visit aamc.org/studentbudget.

MONTHLY INCOME:

Financial aid	\$0.00
Investment income	\$0.00
Gifts	\$0.00
Other	\$0.00
Total Monthly Income	\$0.00

MONTHLY FIXED EXPENSES:

Tuition and fees	\$0.00
Books and supplies	\$0.00
Savings	\$0.00
Rent/mortgage	\$0.00
Phone	\$0.00
Taxes (federal, state)	\$0.00
Vehicle payments	\$0.00
Other transportation	\$0.00
Personal loans	\$0.00
Education loans	\$0.00
Insurance (life and health)	\$0.00
Home/renter insurance	\$0.00
Auto insurance	\$0.00
Auto registration/taxes	\$0.00
Other	\$0.00
Total Fixed Expenses	\$0.00

MONTHLY VARIABLE EXPENSES:

Food/household supplies	\$0.00
Dining out	\$0.00
Clothes	\$0.00
Laundry/dry cleaning	\$0.00
Gas, oil, auto maintenance	\$0.00
Parking	\$0.00
Medical/dental/eye care	\$0.00
Entertainment	\$0.00
Travel/vacation	\$0.00
Utilities	\$0.00
Music/books/journals	\$0.00
Personal care	\$0.00
Subscriptions	\$0.00
Cable TV and internet	\$0.00
Credit card payments	\$0.00
Charity/contributions/gifts	\$0.00
Savings for interviews/relocation	\$0.00
Test prep course/materials	\$0.00
Exam/licensing fees	\$0.00
Other	\$0.00

Total Variable Expenses	\$0.00
Plus Total Fixed Expenses	\$0.00
Equals Total Monthly Expenses	\$0.00
Total Income	\$0.00
Less Total Expenses	\$0.00

Equals Total Discretionary Income (or Deficit) **\$0.00**

411 – Financial Aid and Payment Facts (2026-2027)

(Foster School of Medicine Code: 042808)

At the beginning of each academic year, financial aid applicants will be asked to provide expected enrollment information. This information is collected via the WebRaider portal and is used to determine how your financial aid will be divided or disbursed for the award year. At Texas Tech Health El Paso, medical students have two terms per year: fall and spring. **NOTE:** This is general information and many variables may affect timing estimates and program eligibility.

<p>Missing Information:</p> <ol style="list-style-type: none"> 1. Log in to the Web Raider Portal. 2. Select the “MyTech El Paso” tab. 3. Click “Financial Aid Information.” 4. Click "Documentation Requested and Submitted." 5. Click "Student Requirements." 6. Select the 2026-27 aid year. 7. Complete any unsatisfied requirements in "Required" status online on the Web Raider Portal. <p>No paper documents will be accepted.</p> <p>NOTE: Failure to submit all required documents could result in a delay in financial aid funding.</p>	<p>Expected Enrollment:</p> <ol style="list-style-type: none"> 1. Login to the Web Raider Portal. 2. Select the MyTech El Paso tab. 3. Click “Financial Aid Information.” 4. Click "Documentation Requested and Submitted." 5. Click "Student Requirements." 6. Select the current academic year (i.e., 26-27 aid year.) 7. Click on “Expected Enrollment.” 8. Select the current academic year (i.e., 26-27 aid year.) 9. Click “Agree.” 10. Click “Enrollment Certification” tab. 11. Answer enrollment questions pertaining only to the semesters you will enroll. 12. Answer all other required questions. 13. Click “Submit.”
<p>Direct Deposit:</p> <ol style="list-style-type: none"> 1. Log in to the Web Raider Portal. 2. Select the “MyTech El Paso” tab. 3. Locate “Manage my Finances.” 4. Click “Student Business Services.” 5. Click “Direct Deposit.” 	<p>Paying Out-of-Pocket and Making Payments</p> <p>Student Business Services will send you a tuition bill approximately 20 days before the tuition payment deadline.</p> <p>To make your payment(s):</p> <ol style="list-style-type: none"> 1. Log in to the Web RaiderPortal. 2. Select the “MyTech El Paso” tab. 3. Locate “Manage my Finances.” 4. Click “Student Business Services.” 5. Click “Make a Payment.”

<p>Accepting a Financial Aid Offer:</p> <ol style="list-style-type: none"> 1. Login to the WebRaiderPortal. 2. Select the “MyTech El Paso” tab. 3. Click “Financial Aid Information.” 4. Click “Award Information.” 5. Select the current aid year (i.e., 26-27 aid year). 6. Click “Accept Award Offer.” 7. Select the desired awards and amounts. <p>If accepting Federal Direct loans</p> <ol style="list-style-type: none"> 1. Log in to https://studentaid.gov 2. Complete entrance counseling. 3. Sign a Master Promissory Note (if you are a new loan borrower). 	<p>When is Financial Aid Disbursed:</p> <p>Disbursements are scheduled to begin approximately 10 days prior to the first class-day of each term. To receive aid, students must have completed all requirements, which can include accepting financial aid award(s), entrance counseling, and promissory notes.</p> <p>After tuition and fees are paid in full, Student Business Services will refund remaining financial aid funds, beginning three to five business days later.</p> <p>Students must meet all satisfactory academic progress requirements to remain eligible for financial aid.</p> <p>NOTE: If you accept your award at the beginning of the academic year, no further action is required from you throughout the academic year.</p>
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2026-2027 Disbursement Dates

SCHOOL	FALL	SPRING
PLFSOM- MS 1	06/27/2026	12/26/2026
PLFSOM- MS 2	07/25/2026	12/26/2026
PLFSOM- MS 3	05/09/2026	10/31/2026
PLFSOM- MS 4	05/30/2026	12/26/2026

Changes to Federal Loan Limits from the One Big Beautiful Bill (OB3)

If you accept your Federal Direct Unsubsidized loan offer and the loan disburses by July 1, 2026, the following will be your projected loan limits for the next four academic years:

MSI: \$44,944

MSII: \$40,500

MSIII: \$47,167

MSIV: \$47,167

Estimated total Direct Unsubsidized Loan debt after medical school: \$179,778

(This amount reflects only Direct Unsubsidized Loans and does not include Grad PLUS Loans. If Grad PLUS Loans is used, this total will increase.)

Federal Aggregate Loan Limit: \$224,000

(This total includes undergraduate, graduate, and professional loan amounts.)

You will be eligible to borrow Grad PLUS loans; however, if you withdraw or are granted a leave of absence, your loan limits will change and you will no longer be eligible for Grad PLUS loans.

If you accept your Federal Direct Unsubsidized loan offer after July 1, 2026, the following will be your projected loan limits for the next four academic years:

MSI: \$50,000

MSII: \$50,000

MSIII: \$50,000

MSIV: \$50,000

Estimated total Direct Unsubsidized Loan debt after medical school: \$200,000

(This amount reflects only Direct Unsubsidized Loans. You **WILL NOT** be eligible to accept Grad PLUS Loans.)

Aggregate Loan Limit: \$200,000

You **WILL NOT** be eligible to borrow Grad PLUS. Additional loan funding will need to come from state/private/alternative lenders.

Information Technology Welcome Information

GREETINGS and Thank You for choosing Texas Tech University Health Sciences Center El Paso.

The Information Technology Department facilitates and promotes institutional growth by forging innovative pathways and solutions that enhance the experience of health education, research, and patient care for our institution and our community.

This IT welcome packet was developed to provide you with some basic information about the IT Department and the various sections within it. In this packet, you will find a list of some of the services offered to the students, faculty, and staff of Texas Tech Health El Paso by the IT Department. We hope this information will help you access all the technology services available to you.

What is the Information Technology Department?

Chief Information Officer: Jerry Rodriguez



The Academic Technology team is dedicated to support the effective integration of technology into all aspects of curriculum management systems, teaching, and learning.



The IT Tech Desk is the central point of contact for students, faculty, administration and staff who have computer and related technology questions or work requests.



The Classroom Technology team is responsible for providing support and assistance with EMS room reservation application, Webex, Zoom, and the TTUHSCEP audio/visual conferencing



TTUHSC El Paso's IT Cyber Security office works to promote data confidentiality, integrity, and accessibility as part of the Information Security program.



The Network Operations team provides Wi-Fi, Network Services to all remote sites, Internet access and remote access with multi-factor authentication to our end users.



The Data Center Operations team supports multiple server operating systems, data storage devices, virtual desktops, app virtualization, home drives, file shares and Single Sign on Technologies.



Information Assurance is the practice of assuring information and managing risks related to the use, processing, storage, and transmission of information or data and the systems and processes used for those



The Clinical Information System offers onboarding trainings online and in person about clinical applications used in our clinics.

IT Policies



Protecting the integrity of Institutional data is the responsibility of each student, faculty and staff member. This includes medical, scientific, academic, administrative, financial, and other Institutional information on your state-owned computers.

These policies and standards have been established in order to:

- Provide constituents with an integrated IT environment that supports the mission of TTUHSC El Paso.
- Safeguard privacy, confidentiality, and reliability of data.
- Reduce TTUHSC El Paso's business and legal risks, and define the responsibility and the requirements for the use of IT resources within the TTUHSC El Paso environment.

Violation of any policies subjects the user to disciplinary action at TTUHSC El Paso and/or referral to the appropriate law enforcement or investigative agency.

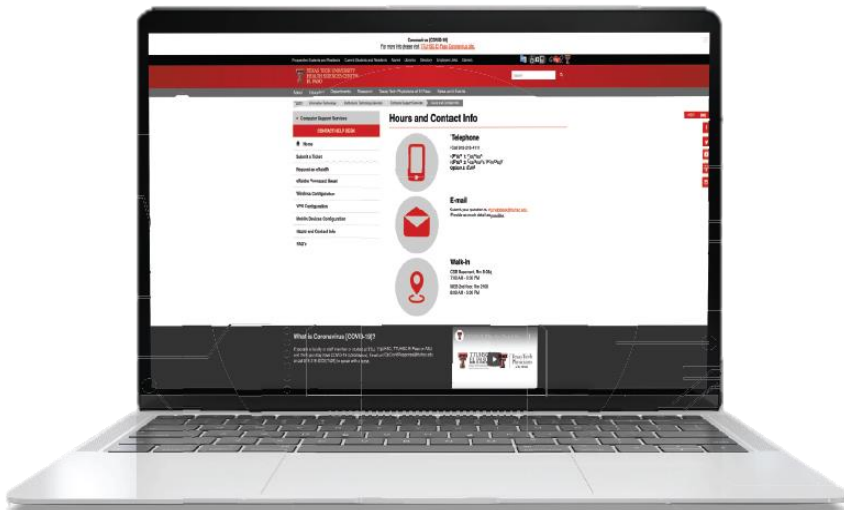


For more information on the Institution's IT policies, visit the TTUHSC El Paso IT Policies web page at <http://elpaso.ttuhsce.edu/it/policies/default.aspx>

IT Services Available

Tech Desk technicians are available to assist and guide you with technical or computer-related questions and concerns.

Mon-Fri
7Am-6PM MST



Support available after-hours on weekdays, weekends, and holidays

Phone: 915-215-4111 option 1 | E-mail: elp.helpdesk@ttuhsc.edu
Visit Us at: ASB building | Information Technology | 8-5PM

IT Academics

IT Academics analysts are available to assist and guide you with applications related questions and concerns.

Academic Applications Supported:



Elentra

ExamSoft™

canvas

NBME®

kaltura

qualtrics^{XM}

box

Poll Everywhere

Contact Us:

Phone: 915-215-4111 option 4 | E-mail: it-academics@ttuhsc.edu

Classroom Technology

Technology can improve the way students learn and as well benefit the educators. To schedule free training on the use of classroom technologies, contact IT Classroom Technology Department.



Contact Us:

Phone: (915) 215-4111 option 2

E-mail: ELP_ClasroomTech@ttuhsc.edu

Resources



Dell Membership Program

Texas Tech Health El Paso has entered into a special contract with Dell Corp. to provide quality Dell products, upgrades, software, and peripherals available at competitively discounted prices.

Access Dell Member Purchase Program at <https://www.Dell.com/TTUHSCEP>

VPN

A Virtual Private Network (VPN) account is also available for students, faculty and staff at no charge. VPNs allow a secure, encrypted connection over a shared public network, typically the Internet, which simulates the behavior of a local area network (LAN) connection.

<https://learning.elpaso.ttuhsce.edu/>

BOX

Box is the approved cloud sharing solution that enables you to get a single place to manage, secure, share and govern all of the content for your internal and external collaboration and processes.

In order to obtain access to box please send an email to it-academics@ttuhsc.edu or call 915-215-4111 OP. 4 Box link: <https://ttuhscep.account.box.com/login>

Additional Resources



Exchange Account Via Web

Outlook Web Access instructions are as follows:

Navigate to mail.ttuhsce.edu using a standard Web browser, such as Google Chrome. Enter your log on credentials:

User name: eRaider_username

Password: eRaider_password

And then click the button 'Sign in'.



Mobile Device Configuration – WIFI

Enter the following information when you are prompted:

- e-mail: email@ttuhsc.edu
- Username: eRaider username
- Password: eRaider password
- Description: TTUHSC
- Domain: ttuhsc Depending on your device this could be a separate field or it could combine your username, i.e. ttuhsc\Username
- Server: mail.ttuhsc.edu
- Use SSL: On



Submit an IT Ticket

If you require IT assistance, requests can be submitted into the IT work order system SysAid via the following methods: El Paso Campus

- Call the Help Desk at (915) 215-4111 option 1.
- E-mail your request to: elp.helpdesk@ttuhsc.edu
- Submit the work order online at: <https://ttuhscep.sysaidit.com>

Connect to Network



Select HSC-AIR under the wireless available networks and provide your eRaider credentials.

****Make sure to trust the certificate**

eRaider

Faculty, staff, and students will need to go to <https://eraider.ttuhsc.edu/> and click on the link Set-Up Account to set up your eRaider account.

This process requires an 'activation code', which if you have not already received can be obtained by contacting the IT Tech Desk (215-4111) or ITechnology@ttuhsc.edu. During the initial activation process you can select a randomly generated password or create your own. You can change your password by signing in to the eRaider account manager at <https://eraider.ttuhsc.edu/>.

Your eRaider password will expire every 180 days and you will start receiving notifications 16 days prior your expiration date.

Student Computer Requirements

Bring your Own Device:

All students, residents and staff will be required to provide their own personal computing devices (OP 56.06). Therefore, all students must possess and maintain a laptop computer that meets the minimum technical specifications of Texas Tech Health El Paso El Paso and their school or program.

Technical Expectations:

All students are expected to use their own laptops to access assessments, course materials, and educational information (tablets, mobile devices, and smartphones are not recommended for these purposes).

Students are responsible for the maintenance and security of their laptops, devices, and peripherals (e.g. mouse, power supply, network cables, and network adapters). Laptops must meet the minimum technical specifications as determined by the curricular platforms used.

Texas Tech Health El Paso is not responsible for the consequences of a student choosing to use a device that does not meet these recommended minimum technical requirements. Furthermore, students are solely responsible for vendor updates and changes in the technical specifications for applications and services required by the program.

Below are the minimum recommendations for student computer equipment

	Windows	Information
Processor	Intel Core i7 or i9	Higher processor speed will provide better performance
Memory(RAM)	At least 16 GB of RAM	Higher system memory (RAM) will improve performance
Hard Drive	At least 500 GB Solid State Drive or higher	Larger hard drive space allows room to save more files (such as word documents, images, PDF files, and mp3s)
Monitor	13" or larger screen for laptops	
Screen Resolution	At least 1024x768, 32 bit color setting	
Wireless	802.11ax	IEEE 802.11ax is the latest wireless networking standard and will provide the fastest speeds
USB	At least one USB with 3.0 or higher	USB ports connect flash drives and other devices such as personal printers and external hard drives. USB 3.0 is the newest standard and provides the fastest speeds.
Video/Graphics	Integrated Intel or Nvidia Quadro T1000 (4GB GDDR5) or Similar/ For Dental school use: NVIDIA QUADRO RTX A3000 or better	
Operating System	Windows 10 or 11 Professional - 64 bit	For adequate security and compatibility, ensure that your laptop operating system is up-to-date.
Camera	Integrated webcam or any Logitech models	

	Apple	Information
Processor	Intel i7 or M1 chip or higher	Higher processor speed will provide better performance
Memory(RAM)	At least 16 GB of RAM	Higher system memory (RAM) will improve performance
Hard Drive	512 GB Solid State Drive or higher	Larger hard drive space allows room to save more files (such as word documents, images, PDF files, and mp3s)
Monitor	13" or larger screen for laptops	
Screen Resolution	At least 1024x768, 32 bit color setting	
Wireless	802.11ax	IEEE 802.11ax is the latest wireless networking standard and will provide the fastest speeds
USB	At least one USB with 3.0 or higher	USB ports connect flash drives and other devices such as personal printers and external hard drives. USB 3.0 is the newest standard and provides the fastest speeds.
Video/Graphics	Integrated Video Card	
Operating System	Sequoia	For adequate security and compatibility, ensure that your MAC operating system is up-to-date.

Warranty & Encryption	<ul style="list-style-type: none"> • Warranty: It is recommended but not mandatory that students purchase a warranty plan to provide hardware coverage for the laptop. • Encryption: It is mandatory to encrypt all mobile devices. Laptop must have a TPM chip to enable encryption.
Important Student Computer-based Assessment	<ol style="list-style-type: none"> 1. Recommended browsers: Microsoft Edge, Google Chrome or Firefox. Do not use browser beta versions, i.e. Opera or Brave. 2. Students are responsible for maintaining and checking their personal computer exam settings prior to exam day. 3. Some iPads, tablets, or cellular phones are not allowed for testing. Virtual machines, i.e., Virtual box or Parallels, or VM ware, are not allowed during exams. A virtual machine allows you to run other operating systems within your current operating system, running as if they are just another program in your computer. The presence of a virtual machine may prevent you from obtaining a TTUHSC EP network connection.

Software

Texas Tech Health El Paso students are offered software at a discounted cost. Please visit the following site and select the filters for HSC and Students for additional software.

<https://www.depts.ttu.edu/itts/software>

- Autodesk
- ChemDraw
- IBM SPSS



Latest Windows Media Player: Adobe Reader: www.adobe.com/downloads

Antivirus Software

Antivirus software is required to be installed on your device to have access to the Texas Tech Health El Paso network.

Recommended Browsers for Learning Management System (Elentra)

We recommend using Elentra on Chrome, Firefox, or Safari, or Microsoft Edge based on Chromium (released in January 2020).

Elentra no longer supports Internet Explorer.

Parking

Parking Registration Information for Students

All students need to register their vehicle(s) on-line at: <https://ttuhsc.parkadmin.com/>

Effective academic year 2026-2027, the parking rate will be collected as a lump sum fee of \$88.00.

Acceptable methods of payment are as follows:

- Before and after orientation: Payment may be made in person at 5310 El Paso Drive. Office hours are: Monday - Friday from 8am to 2pm. Method accepted at the office will be cash, check and/or credit card. Decal can be provided in person or issued during orientation if payment is made over the phone.
- During orientation - Method of payment accepted will be credit card or check made payable to Texas Tech University Health Sciences Center El Paso or TTUHSCEP (see sample check). Please use blue or black ink only. Decal will be issued during orientation.
- Attached you'll find the campus map, students from all schools are designated to the brown/tan lots: S2, S3, S4 & S5. Only MS3 & MS4 students are designated to park at S1.

ADA Requirements or Disabled Veterans

If you have ADA requirements or are a disabled veteran with disabled plates, you will need to provide a copy of your driver's license and a copy of your disability placard or vehicle registration.

Checkowner Name _____ 5284
Address _____
City, State Zip code _____ Date Written _____
PAY TO THE ORDER OF TTUHSCEP \$ 88.00
Eighty-eight dollars and 00/100 -----
DOLLARS
106 parkingpermit _____ Signature _____
⑆22222222⑆ ⑆123 ⑆111 555⑆ 5284

****Note: Checks must have pre-printed name and address, *handwritten information will not be accepted*****

PLEASE **ONLY** use blue or black ink on checks / money orders.

STUDENT DESIGNATED PARKING – MAP



Designated Student Parking Lots

1. S2 Oral Health Clinic (Rear east lot) - 222 Rick Francis St.
2. S3 Tower Lot - Next to 301 Rick Francis St.
3. S4 Euclid St
4. S5 Corner of Montview Ct. and Colfax St.

MS1 Block Calendar

AY 2026 – 2027

Fall 2026							
June 30 - July							
S	M	T	W	T	F	S	
MS1 Orientation			30	1	2	3	4
SCI Immersion	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
IHD Unit	26	27	28	29	30	31	
August							
S	M	T	W	T	F	S	
							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
IHD Exam Wk.	30	31					
September							
S	M	T	W	T	F	S	
Labor Day							
IHD Exam Wk.			1	2	3	4	5
GIS Unit	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			
October							
S	M	T	W	T	F	S	
					1	2	3
	4	5	6	7	8	9	10
GIS Exam Wk.	11	12	13	14	15	16	17
IMN Unit	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
November							
S	M	T	W	T	F	S	
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
Thanksgiving	22	23	24	25	26	27	28
	29	30					
December							
S	M	T	W	T	F	S	
			1	2	3	4	5
	6	7	8	9	10	11	12
IMN Exam Wk.	13	14	15	16	17	18	19
Winter Break	20	21	22	23	24	25	26
	27	28	29	30	31		

Spring 2027							
January							
S	M	T	W	T	F	S	
					1	2	Winter Break
3	4	5	6	7	8	9	HEM Unit
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	MLK Jr. Day
24	25	26	27	28	29	30	
31							
February							
S	M	T	W	T	F	S	
	1	2	3	4	5	6	HEM Exam Wk.
7	8	9	10	11	12	13	CVR Unit
14	15	16	17	18	19	20	President's Day
21	22	23	24	25	26	27	
28							
March							
S	M	T	W	T	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	Spring Holiday
28	29	30	31				
April							
S	M	T	W	T	F	S	
				1	2	3	CVR Exam Wk.
4	5	6	7	8	9	10	RNL Unit
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		
May							
S	M	T	W	T	F	S	
						1	
2	3	4	5	6	7	8	RNL Exam Wk.
9	10	11	12	13	14	15	Independent Study
16	17	18	19	20	21	22	CEYE 1 & 2
23	24	25	26	27	28	29	
30	31						

IMPORTANT LINKS:

[Foster SOM Student Handbook](#)

[UME Program Academic Policies](#)

[Foster SOM Academic Catalog](#)

[Institutional Student Handbook: Code of Professional & Academic Conduct](#)

[Institutional Operating Policies and Procedures](#)